



## Long Track – Learn to Speed Skate or (Skate Faster) Program - 2019

*Prepare for Iceman or just have fun and go fast!*

### Skater Application

Name of Skater: \_\_\_\_\_

Gender M F      Birthdate: \_\_\_\_\_ (dd/mm/year)

Address \_\_\_\_\_ Postal Code \_\_\_\_\_

Home Phone (      ) \_\_\_\_\_ E-mail \_\_\_\_\_

Emergency contact name: \_\_\_\_\_

Emergency contact number: \_\_\_\_\_

Medical Health Number: \_\_\_\_\_

Are there any medical concerns that could affect full participation or that the coach should know?

\_\_\_\_\_

The Learn to Long Track skating program is open to any skater who wants to increase their skills in Long Track speed skating. You can get faster for Iceman.

**Sessions are Sessions are January 5, 9, 13 (Sunday), 16, 19, 23, 26, 30<sup>th</sup> and February 2, 6<sup>th</sup> 2019  
Saturdays from 10:30 am- 12noon, Wednesdays from 7:00 – 8:30pm**

Note: Session #3 will be held on Sunday, January 13th due to PG Blizzard Long Track Competition on January 12th.

**Cost: \$70** (no refunds if sessions have to be cancelled due to weather).

Participants will be registered as members of the Prince George Blizzard Speed Skating Club for the duration of the program. \$25 of this cost will go towards insurance with BC Speed Skating Association.

You must also pay the drop in fee or \$2 per session or an annual membership at the Outdoor Ice Oval. (\$25 per person or \$60 per family).

Rental of Outdoor Ice Oval Long Track skates is available for \$5/session on a first come first served basis.

**REGISTRATION:** Please bring your completed form and money (cash or cheque) to the first session at the outdoor ice oval, on January 5<sup>th</sup>, 2019.

**Please arrive 30 minutes early for registration.**

Please contact Carol Dennison ([cargauden@gmail.com](mailto:cargauden@gmail.com)) with any questions and to register your interest in this program prior to the start date so we have an idea of participant numbers.

### **Concussion Policy**

I have read and understood the concussion policy that BCSSA and SSC support [here](#).

It can also be found on the PG Blizzard Speed Skating Club website [here](#).

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **Waiver:**

I am a member in good standing of the Prince George Blizzard Speed Skating Club and I understand that the Injury Disclaimer/Competitions/Camps clause of the Member Registration applies to the Long Track Program.

In consideration of your accepting this application, I hereby, myself, my heirs, executors, administrators and assigns waive and release any and all rights for damages I may have against the City of Prince George, the Outdoor Ice Oval Society, the Prince George Blizzard Speed Skating Club, the BC Speed Skating Association, and Speed Skating Canada, or their respective directors, agents, officers, employees or members for any and all injuries suffered on or off the ice in the 2018/2019 long track skating season.

Signature of skater (Parent/Guardian if the skater is under 18 years of age):

\_\_\_\_\_  
(name)

\_\_\_\_\_  
(date)